

VITA REVIVE

ORGANIC WELLNESS SPA

Welcome To Our Detoxification Therapy

Far Infrared Detox Body Wrap
Optimal Health Plan
Colon Hydro Therapy
Far Infrared Sauna
Steam Shower & Whirlpool Ionic Foot Detox
Organic Ear Candling
Female Detox Organic VAGI STEAM
Cupping Massage or *Cupping Therapy*

Far Infrared Detox seaweed algae Body Wraps:

This treatment has been formulated using natural extracts of seaweed algae and a careful blend of essential oils to rid the body of impurities and toxins. The detox effect will harmonize and balance the natural rhythms of our complex body. With the seaweed detox spa wrap you don't just SEE the difference you can FEEL the difference. It is an excellent kick start for weight loss or healthy eating program as it helps to stimulate the metabolism.

Natural Organic Moor Mud Body Wrap:

Moor mud is a therapy quality peat ** - an organic substance, product of natural decomposition of multitudes of plants under special conditions. Unlike other mud used in the spa industry, Turf Moor Mud contains virtually no clay (less than 3%) and consists of organic residue of herbs, flowers and grasses. Over period of thousands of years this residue was transformed into a fine paste that easily dissolves in the water, has unusual concentration of bio-minerals, trace elements, vitamins, amino acids, plant hormones and fatty acids in a molecular form that is easy for the human skin to absorb. Think of it as a plant extract not from just one plant, but hundreds that reflects environment of Earth 10.000 years ago, without present day pollution. Its uncanny ability to heal, nourish and detoxify has been observed by people for millennia and used scientifically in European Spas for well over a century. It is used not only to beautify, but also to cure multitude of ailments.

Optimal Health Plan

STEP 1:

Vibration Therapy:

Accelerates the body's natural healing response, increases cellular oxygen circulation, enhances cellular nutrient uptake, stimulates cellular fluid movement and facilitates cellular waste removal.

Colon Hydrotherapy:

Colonics, Colon Irrigation or Colonic Therapy) is an effective method for cleansing the large intestine. It is safe and painless, clean and relaxing procedure. A soothing flow of filtered water, gently removes digested toxins and waist that built-up inside the colon.

Vichy shower and dry brushing:

Dry brushing exfoliates the skin, and therefore, helps the skin renew and feel soft to the touch. Vichy shower Gentle soothing rain from our 9 suspended, fully adjustable shower heads relaxes the body and mind.

VITA REVIVE

ORGANIC WELLNESS SPA

STEP 2:

Vibration Therapy:

Accelerates the body's natural healing response, increases cellular oxygen circulation, enhances cellular nutrient uptake, stimulates cellular fluid movement and facilitates cellular waste removal

Amethyst Crystal Far Infrared Sauna:

The infrared sauna is incredibly beneficial for detoxification. Just to give you an example, we recently found a study that showed that when you go in a normal sauna, your sweat is 90% to 95% water. When you go in an infrared sauna, it penetrates about one-and-a-half inches into your subcutaneous fat.

Colon Hydrotherapy:

Colonics, Colon Irrigation or Colonic Therapy) is an effective method for cleansing the large intestine. It is safe and painless, clean and relaxing procedure. A soothing flow of filtered water, gently removes digested toxins and waist that built-up inside the colon.

Detox seaweed algae Body Wraps:

This treatment has been formulated using natural extracts of seaweed algae and a careful blend of essential oils to rid the body of impurities and toxins. The detox effect will harmonize and balance the natural rhythms of our complex body. With the seaweed detox spa wrap you don't just SEE the difference you can FEEL the difference. It is an excellent kick start for weight loss or healthy eating program as it helps to stimulate the metabolism.

Vichy shower and dry brushing:

Dry brushing exfoliates the skin, and therefore, helps the skin renew and feel soft to the touch. Vichy shower Gentle soothing rain from our 9 suspended, fully adjustable shower heads relaxes the body and mind.

STEP 3:

Vibration Therapy:

Accelerates the body's natural healing response, increases cellular oxygen circulation, enhances cellular nutrient uptake, stimulates cellular fluid movement and facilitates cellular waste removal.

Amethyst Crystal Far Infrared Sauna:

The infrared sauna is incredibly beneficial for detoxification. Just to give you an example, we recently found a study that showed that when you go in a normal sauna, your sweat is 90% to 95% water. When you go in an infrared sauna, it penetrates about one-and-a-half inches into your subcutaneous fat.

Cupping Detox Massage:

An ancient Chinese method of opening energy pathways, releasing toxins and activating the lymphatic system. Cupping is done by placing a cup, in which a vacuum has been created, over the skin. This creates a suction and allows for healing and release of muscle tension.

VITA REVIVE

ORGANIC WELLNESS SPA

Colon Hydrotherapy:

Colonics, Colon Irrigation or Colonic Therapy) is an effective method for cleansing the large intestine. It is safe and painless, clean and relaxing procedure. A soothing flow of filtered water, gently removes digested toxins and waist that built-up inside the colon.

Vichy shower and dry brushing:

Dry brushing exfoliates the skin, and therefore, helps the skin renew and feel soft to the touch. Vichy shower Gentle soothing rain from our 9 suspended, fully adjustable shower heads relaxes the body and mind.

Colon Hydrotherapy

Doctor Certified Colon Hydrotherapy & FDA Approved

Colon hydrotherapy is the gentle rinsing of the colon with warm Purified water, to remove encrusted fecal matter, gas and mucus. This allows vital nutrients to be absorbed more easily and leaves you feeling rejuvenated and healthier. Colonics can also help re-tone & reshape the colon. Many toxins are stored in fat cells and, during detoxification, fat stores are mobilized and burned for fuel. During this detoxification of body fat, toxic compounds are moved out of cells and taken to the liver for processing and excretion. During the colon Hydrotherapy detoxification you may eliminate 3 to 5 pounds of old fecal matter.

The Process:

A soothing flow of purified, warm water is instilled in the colon through a pencil thin nozzle (rectal tube) Disposables which is inserted into the rectum to cleanse and evacuate the contents of the lower colon. The device is designed to allow easy, natural evacuation to take place. This is a gravity fed system which allows the temperature and the flow of water to be safely regulated automatically during the procedure.

The Experience:

Our colon hydrotherapy device is an amazing gravity-centered Open System that is considered the "Rolls Royce" of devices in terms of comfort, dignity and privacy. YOU ARE COVERED AT ALL TIMES. THERE IS NO SMELL. During the session, you will enjoy aromatherapy, Infrared Jade Heated Matress, calming music, and a Amethyst lamp atmosphere to create a relaxing vibe. Great care goes into making sure that your environment is nurturing. Your therapist, will guide you through the session, answering any questions, while making sure that you receive the ultimate detox and "spa " experience

What to expect after my colonic treatment

Most clients experience a sense of lightness, feelings of happiness, joy and freeness that they have never had before. Describing it as "a feeling like a big weight had been lifted from their body" and " a heightened mental, emotional and physical clarity", clients often float out of the office as if they are on top of the world. Although most participants feel high levels of energy, some however may experience transient effects of the toxins being stirred up. This process is called a "Healing Crisis".

VITA REVIVE

ORGANIC WELLNESS SPA

Far Infrared Detox Sauna

This powerful two person infrared sauna provides the absolute MOST POWERFUL far infrared heat, deepest penetration, and longest lasting health features and benefits of any sauna model on the market, with a track record of the most efficient detoxifying, weight loss and anti-aging results. Relax in this 2-person sauna knowing that you are getting (without a doubt) the best far infrared therapy you could possibly find anywhere.

Ionic Foot Detox

Ionic Foot Detox & Reflexology:

An ionic foot detox machine is a modern energy therapy device which balances the body's natural energy system. By introducing a high level of negative ions into the water of a foot bath, the feet, utilizing principles of reflexology and the science of ionization and osmosis, create a positive cellular environment and enable the body's natural detoxification processes to function at their peak. An ionic foot detox is the safest, most modern and effective natural healing therapy on the market today!

Organic Ear Candles

Vita Revive offers this safe, painless, non-invasive, and natural way to remove excess wax and debris from inside your ears.

Benefits include: relief of pressure in ear canal and sinus; safe removal of excess wax; helps balance equilibrium including vertigo; eliminating ringing and itching in ear; and fewer ear aches, infections, and ear-related headaches.

Female Detox Organic VAGI STEAM (CHAI-YOK/BAJOS)

This steaming treatment stimulates the production of hormones to maintain uterine health, aids regular menstrual cycles, and helps correct digestive disorders while soothing the nervous system. It also helps to enhance the health of the reproductive system, by assisting the function of all of these organs. It warms the womb and invigorates the circulation of the blood and clears dampness. This helps to remedy the urogenital area as well as strengthen the health of the whole body.

The combination of 14 different herbs work to nourish, tone, heal, bring in fresh oxygenated blood, promote cleansing, and make supple the vaginal and uterine tissues. The moist heat opens the pores of the tissues it comes into contact with. The water vapor carries the medicinal benefits of the plants, including volatile oils. This is absorbed into the tissues and enters the bloodstream, having a direct healing affect on the reproductive system. Vaginal tissue is one of the most absorbent of the entire female body.

Women who may benefit from vagi steam would be those with the following conditions: uterine fibroids, painful menstruation, uterine weakness, uterine prolapse, irregular menstrual cycles, ovarian cysts, endometriosis, reproductive adhesion/scar tissue, previous vaginal tear or episiotomy, and dark purple or brown blood at the onset or end of menses.

VITA REVIVE

ORGANIC WELLNESS SPA

CUPPING THERAPY - WHAT IS IT AND WHAT ARE ITS BENEFITS

The Way Cupping Massage or *Cupping Therapy* Works

There are a number of different variations of cupping treatments. During a treatment a vacuum is created and there is some suction that pulls up on your skin and your body's tissues. With stationary cupping treatments the cups are applied to the skin and they are not moved until your session is complete. With massage cupping, the cups are moved during the treatment to help ease sore muscles and joints.

Some of the Benefits of Cupping Treatments

This kind of treatment is believed to have an effect on your body's tissues up to 4 inches beneath the surface of the skin. This is thought to help your body release toxins. These treatments can open up the veins, arteries and capillaries to improve circulation. These treatments can also be used to improve the functioning of your lymphatic system.

Massage Cupping is helpful for relief from muscle spasms, back pain, as well as arthritic and rheumatic problems. While stimulating the skin and underlying muscles, it promotes the release of toxins that have accumulated in the area and increases circulation of blood and lymph vessels.

Cupping Therapy also stimulates the organ-related reflex zones in the skin to further improve the function of inner organs, including the stomach, liver, kidneys and intestines. Massage Cupping can also increase immunity in a particular area since the suction causes the release of a histamine-like substance in the skin which stimulates immune system response.

Call us for A Cupping Treatment: *410-513-7069*